

## Wednesday, April 1, 2026

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### The Lunch Bunch by Seniors at Home

Date and Time: Wednesday, April 1 12:00 pm - 2:00 pm

Address: 49 Daniel St N,

Seniors at Home Lunch Bunch Wednesday April 1st 12pm-2pm. An afternoon of great fun includes a lunch of Shepherds pie dessert tea or coffee and entertainment by Steve Williams. Tickets \$15 must be purchased by Friday March 27th noon. All seniors and individuals with special needs are welcome as are all newcomers.

## Saturday, April 4, 2026

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### The Bunny Run 2026

Date and Time: Saturday, April 4 12:00 pm - 2:00 pm

Address: 400 John St N

Welcome to the 2nd annual **Bunny Run!** After a thrilling debut in 2025, The Bunny Run is expanding to include a 10k route.

This Easter weekend race is ideal for novice runners or the more competitive runners looking to warm up before a busy summer of competition. Each route is timed but no winner. Everyone who participates receives a medal as this event is designed to celebrate active participation and embrace community spirit.

### Event Details:

Date: Saturday April 4, 2026

Time: 11:45am Warm-Up, 12:00pm 10k Start, 12:10pm 5k Start, 12:20pm 2k Start

Location: Robert Simpson Park

Course Route: See photos below.

### Course:

- The 2km race starts on a paved trail followed by sidewalk and roadside running back to the finish line.
- The 5km race starts on a paved trail followed by sidewalk and roadside running, in to the Gillies Grove Nature Trail, back to roadside/sidewalk back to the park at the finish line.
- The 10km route starts on a trail followed by sidewalk and roadside running to the dirt trail and back to roadside/sidewalk to the finish line.

## Included in Registration:

- Finishing medal
- Race timing
- Loot bag
- Personalized race bib\*
- Recovery snacks/drinks
- Finish line photo
- Bag check
- Group warm-up/stretch

\* Personalized bibs are only available if you register by February 28, 2026

## Optional Add-Ons:

- Performance t-shirt (unisex, women's and children's sizes available)

## Course Features:

- Festive course markers (directional and distance)
- Volunteers at turns/intersections
- Four water stations
- First-Aid services available at start/finish with the ability to mobilize

Purchase an event t-shirt online prior to the event and save! A limited number of shirts will be available for purchase at the event. When purchasing online you will be prompted to a questionnaire that allows you to choose colour and size.

The Bunny Run is also proud to partner with local businesses. Each registrant will receive a medal and if you visit their establishment on race day, you will receive a certain item or discount. Full details to follow. Participating businesses will be released TBD.

Interested in volunteering at the event? [Complete the form here.](#)

## Thank you to our sponsors:

- Jennifer Charlebois-Robillard - Desjardins Insurance
- Home Front Services
- Cavanagh Construction
- Kirk Orthodontics
- No Frills
- Montu

## Iranian Egg Painting

Date and Time: Saturday, April 4 2:00 pm - 4:00 pm

Address: Arnprior Museum 35 Madawaska Street

Join an Iranian egg painting project to celebrate Nowruz (Persian New Year/Spring Equinox) with remarkable artist Saba Zamani – this event is free and for all ages.

## Friday, April 10, 2026

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### Music Trivia Night

Date and Time: Friday, April 10 6:00 pm - 10:00 pm

Address: 49 Daniel St N

Arnprior-Braeside-McNab Seniors at Home invites you to an enjoyable evening of music, memories, and community connection. This special event is generously hosted by CIBC, with all proceeds supporting our programs and services that help local seniors live safely and comfortably at home.

Friday, April 10th at the Arnprior Legion (49 Daniel Street). Doors open at 6:00 PM and trivia begins at 7:00 PM.

The evening will feature a variety of familiar music from different eras, along with easy-to-follow trivia questions designed for all to enjoy. You are welcome to bring a team of up to 8 people. The cost is \$20 per person.

The event will be hosted by Aerik Watson, bringing an engaging and entertaining “Trivia with a Twist” experience. In addition to the trivia, there will be door prizes, a 50/50 draw, and a bake sale. Guests are also encouraged to bring a non-perishable food item for the local food bank to receive an extra entry for a door prize.

By attending, you are directly supporting Seniors at Home and helping us continue to provide essential services to seniors in our community.

To register, please email [shannon.dupuis@cibc.com](mailto:shannon.dupuis@cibc.com) or call 613-623-4248 ext. 300.

We hope you will join us for this special evening.

## Wednesday, April 15, 2026

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### Diners' Club by Seniors at Home

Date and Time: Wednesday, April 15 5:00 pm - 7:00 pm

Address: 54 Elgin St W

# DINERS' CLUB

Wednesday, April 15<sup>th</sup>, 2026

5:00pm to 7:00pm

**JIM'S RESTAURANT**

*Choice 1 pc fish and chips or hot hamburger with mashed potatoes*

*(Includes soup, dessert and tea or coffee)*

***Tickets: \$25.00 (need to be purchased by Friday April 10<sup>th</sup> by noon)***

**ENTERTAINMENT by**

**Rick Leben**

**Thursday, April 23, 2026**

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## **Candidate Information Sessions: So You Want to Run for Council?**

Date and Time: Thursday, April 23 2:00 pm - 4:30 pm

Address: Variable

Interested in running for municipal office? Join one of our upcoming Candidate Information Sessions to learn what it takes to serve on Council and better understand the responsibilities of local government.

### **Guest Speaker**

The sessions will be led by Nigel Bellchamber, an experienced municipal professional who has worked in municipal finance with the Ontario government, served as Commissioner of Finance for the City of London, and as Chief Administrative Officer for Middlesex County. He has also trained municipal staff and councils through Amberly Gavel and N.G. Bellchamber & Associates.

### **What You'll Learn**

Each session will provide an overview of:

- The Municipal Conflict of Interest Act
- Council's roles and responsibilities
- Municipal powers

- Personal responsibility as an elected official
- The public's role in local government
- The difference between governance and administration
- The impacts of serving on Council on family life
- And more

## Registration

Registration is free.

To sign up, contact by email or phone, or register online:

- Email: [info@admastonbromley.com](mailto:info@admastonbromley.com)
- Phone: (613) 432-2885
- Online registration available through the links below

## Session Dates & Locations

April 23

- 2:00 – 4:30 PM at Eganville Arena (178 Jane St., Eganville) - [Registration Link Here](#)
- 7:00 – 9:30 PM at Murray Yantha Community Centre (2473 Russett Dr., McNab/Braeside) - [Registration Link Here](#)

April 24

- 2:00 – 4:30 PM at Petawawa Civic Centre (16 Civic Centre Rd., Petawawa) - [Registration Link Here](#)
- 2:00 – 4:30 PM Virtual Session via Zoom - [Registration Link Here](#)

All sessions will cover the same information, so you can attend the one that works best for your schedule.

## Candidate Information Sessions: So You Want to Run for Council?

Date and Time: Thursday, April 23 7:00 pm - 9:30 pm

Address: Variable

Interested in running for municipal office? Join one of our upcoming Candidate Information Sessions to learn what it takes to serve on Council and better understand the responsibilities of local government.

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## Friday, April 24, 2026

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### Candidate Information Sessions: So You Want to Run for Council?

Date and Time: Friday, April 24 2:00 pm - 4:30 pm

Address: Variable

Interested in running for municipal office? Join one of our upcoming Candidate Information Sessions to learn what it takes to serve on Council and better understand the responsibilities of local government.

### Guest Speaker

The sessions will be led by Nigel Bellchamber, an experienced municipal professional who has worked in municipal finance with the Ontario government, served as Commissioner of Finance for the City of London, and as Chief Administrative Officer for Middlesex County. He has also trained municipal staff and councils through Amberly Gavel and N.G. Bellchamber & Associates.

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<https://calendar.arnprior.ca>