

## Sunday, May 1, 2022

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### Galilee Centre Open House

Date and Time: Sunday, May 1 9:00 am - 1:00 pm

Address: 398 John Street North

# GALILEE CENTRE OPEN HOUSE

**Sunday, May 1 9:00 am – 1:00 pm**

9 am Eucharist

10 am Garden Clean Up and Open House

12 pm BBQ lunch (\$5 per person)

Here at the Galilee Centre, we strive to maintain a globally inclusive community of choice where individuals or groups can renew, refresh, and revive their spirit, mind and body in a welcoming tranquil oasis. On May 1 we are throwing open the doors of the Galilee Centre to welcome everyone in the community. We invite you to come, to learn of our history and ongoing events and programs.

Join us for tours of the historic buildings and grounds, learn about Galilee's programs, hosting options, lending library, and the Friends of Galilee volunteer program. Tours will be available every half hours starting at 10 am. Staff and volunteers will be on hand to share information and stories about their relationships in the Galilee community.

For the garden clean up at 10 am we ask you bring your own gloves and thank you for helping with the clean up of the gardens around the main building.

Call 613-623-4242 x 21 if you have any questions.

## Tuesday, May 3, 2022

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### Arnprior Dementia Awareness Days - Training

Date and Time: Tuesday, May 3 3:00 pm - 4:00 pm

Address: Murray Yantha Community Centre 2473 Russett Dr, Arnprior, Ontario Canada K7S 3G8

#### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

Get insights, tips and practical knowledge in this 45-minute session that you can apply today to make your environment and community more welcoming and inclusive for people living with dementia. That means a more accessible community for all!

# Wednesday, May 4, 2022

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## The Lunch Bunch by Seniors at Home

Date and Time: Wednesday, May 4 1:00 pm - 3:00 pm

Address: Jim's Restaurant, 54 Elgin St W, Arnprior

A luncheon event including full course meal at Jim's restaurant on Wed May 4th, 1pm-3pm. Choice of sandwiches Sliced Beef and Mustard or Chicken Salad. Entertainment by Steve Williams. Tickets \$11 available from agency office until noon May 2nd.

# Saturday, May 7, 2022

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## Arnprior Dementia Awareness Day Kick-Off

Date and Time: Saturday, May 7 10:30 am - 11:00 am

Address: Nick Smith Community Centre

Join The Dementia Society of Ottawa and Renfrew County at the Nick Smith Community Centre for our Opening Ceremony followed by our Information Fair from 11am-3pm for fun filled activities with *Food, fun and more!*

## Arnprior Dementia Awareness Day - Information Fair

Date and Time: Saturday, May 7 11:00 am - 3:00 pm

Address: Nick Smith Community Centre, Arnprior

Join us on May 7th for a fun filled day and learn from Dementia Society experts about:

- Brain health and dementia prevention
- What is dementia?
- Ways to live well with dementia
- Ways to support people impacted by dementia
- Where to find help
- Build empathy: Virtual Reality dementia experience

Activities for children – crafts and “plant a daisy for dementia” activity  
*Food, fun and more!*

## Arnprior Dementia Awareness Day - Dancer Not Dementia

Date and Time: Saturday, May 7 12:00 pm - 1:00 pm

Address: Nick Smith Community Centre, Arnprior

Dancer Not Dementia event features Canada's National Ballet School and a dance workshop for people living with dementia.

## **Arnprior Dementia Awareness Day - Dancer Not Dementia**

Date and Time: Saturday, May 7 2:00 pm - 3:00 pm

Address: Nick Smith Community Centre, Arnprior

Dancer Not Dementia event featuring Canada's National Ballet School and dance workshop for people living with dementia.

## **Sunday, May 8, 2022**

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### **#Fireworks4Peace**

Date and Time: Sunday, May 8 8:30 pm - 9:00 pm

Address: 400 John St N

Fireworks will be launched from Bell Park. Access to Bell Park will be closed, however people are encouraged to watch from Robert Simpson Park, the Arnprior Municipal Marina or along the waterfront trail between the marina and Robert Simpson Park.

On May 8, fireworks artists around the world will light up the night sky to express solidarity with Ukraine and people in all conflict areas sending a collective symbol for the desire for peace and call for donations to UNICEF. With artists from over 15 countries #fireworks4peace is the largest global fireworks art project in history.

## **Monday, May 9, 2022**

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### **Arnprior Dementia Awareness Day - Business Training**

Date and Time: Monday, May 9 8:00 am - 9:00 am

Address: Virtual

#### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

Get insights, tips and practical knowledge in this 45-minute session that you can apply today to make your environment and community more welcoming and inclusive for people living with dementia. That means a more accessible community for all in this virtual training event!

### **Arnprior Dementia Awareness Day - Men's Shed Workshop**

Date and Time: Monday, May 9 9:30 am - 11:30 am

Address: Men's Shed of Arnprior and McNab/Braeside, 328 Nieman Drive, Arnprior

### **Roll up your sleeves!**

Join our woodworking workshop for people living with dementia and care partners.

## **Arnprior Dementia Awareness Day - Training**

Date and Time: Monday, May 9 12:30 pm - 1:30 pm

Address: Nick Smith Community Centre, Arnprior

### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

Get insights, tips and practical knowledge in this 45-minute session that you can apply today to make your environment and community more welcoming and inclusive for people living with dementia. That means a more accessible community for all!

## **Arnprior Dementia Awareness Day - Training**

Date and Time: Monday, May 9 6:30 pm - 7:30 pm

Address: Nick Smith Community Centre, Arnprior

### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

Get insights, tips and practical knowledge in this 45-minute session that you can apply today to make your environment and community more welcoming and inclusive for people living with dementia. That means a more accessible community for all!

## **Tuesday, May 10, 2022**

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## **Arnprior Dementia Awareness Days - Training**

Date and Time: Tuesday, May 10 8:00 am - 9:00 am

Address: Virtual

### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

Get insights, tips and practical knowledge in this 45-minute session that you can apply today to make your environment and community more welcoming and inclusive for people living with dementia. That means a more accessible community for all!

## **Arnprior Dementia Awareness Day - Dancer Not Dementia**

Date and Time: Tuesday, May 10 10:30 am - 11:30 am

Address: The Old Grove Nursing Home, 375 Ida St. N., Arnprior

Participate in a fun virtual dance workshop from your home with Canada's National Ballet School for people living with Dementia.

## Arnprior Dementia Awareness Days - Training

Date and Time: Tuesday, May 10 12:30 pm - 1:30 pm

Address: Nick Smith Community Centre 77 James St, Arnprior, Ontario Canada K7S 1C9

Get insights, tips, and practical knowledge in this 45-minute session that you can apply today to make your environment and community more welcoming and inclusive for people living with dementia. That means a more accessible community for all!

## Arnprior Dementia Awareness Days - Training

Date and Time: Tuesday, May 10 6:30 pm - 7:30 pm

Address: Nick Smith Community Centre 77 James St, Arnprior, Ontario Canada K7S 1C9

### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

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## Wednesday, May 11, 2022

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## Arnprior Dementia Awareness Day - Men's Shed Workshop

Date and Time: Wednesday, May 11 9:30 am - 10:30 am

Address: Men's Shed of Arnprior and McNab/Braeside, 328 Nieman Drive, Arnprior

### **Roll up your sleeves!**

Join our woodworking workshop for people living with dementia and care partners.

## Arnprior Dementia Awareness Day - Reminiscing Garden

Date and Time: Wednesday, May 11 10:00 am - 1:00 pm

Address: Waba Cottage Museum and Gardens, 24 Museum Rd., White Lake

We invite community members to join us for a morning of gardening. We will prepare the garden beds for planting later in the Spring. Enjoy light refreshments and live music with your community.

## Arnprior Dementia Awareness Days - Training

Date and Time: Wednesday, May 11 6:30 pm - 7:30 pm

Address: Nick Smith Community Centre 77 James St, Arnprior, Ontario Canada K7S 1C9

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## Thursday, May 12, 2022

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## Arnprior Dementia Awareness Days - Training

Date and Time: Thursday, May 12 8:00 am - 9:00 am

Address: Virtual

### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

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## Arnprior Dementia Awareness Days - Training

Date and Time: Thursday, May 12 12:30 pm - 1:30 pm

Address: Nick Smith Community Centre 77 James St, Arnprior, Ontario Canada K7S 1C9

### **Dementia Inclusive Training for Businesses (employees) and Community Individuals**

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## Saturday, May 14, 2022

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## **Volunteer Recruitment Fair**

Date and Time: Saturday, May 14 9:00 am - 1:00 pm

Address: 77 James St

Come out and see what our local service clubs and organizations do and how you can be part of it. Learn more about how our community functions and where help is needed. This free event is brought to you by the Town of Arnprior in association with the Galilee Centre.

## **Saturday, May 28, 2022**

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### **Shred Day in Support of Seniors at Home**

Date and Time: Saturday, May 28 9:00 am - 12:00 pm

Address: 106 McGonigal

It is Shred Day in the Valley! Help support your local Seniors at Home program and services by having your private and confidential papers destroyed on site by Datashred Security.

<https://calendar.arnprior.ca>