

# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 1:00 The Lunch Bunch by Seniors at Home	2	3	4 1:00 Canasta
5	6	7	8	9 1:00 ontrac's Annual Job Fair	10	11
12	13	14	15	16	17 7:00 St. Patrick's Music Trivia Night with a Twist	18
19	20	21	22	23	24	25 9:00 Nurturing the Caregiver Workshop
26	27	28	29	30 10:00 Stuff the Bus Food Drive for Arnprior & District Food Bank  2:00 Hidden Health Benefits of a Warm Drink Webinar by Naturopathic Doctor Stacey Fritsch	31 6:00 Youth Night - Trick Shot Night	