

## Friday, July 1, 2022

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### Canada Day Festivities

Date and Time: Friday, July 1 09:00 a.m. - 10:00 p.m.

Address: 400 John St N400 John St N

Join us on July 1 for a full day of Canadian festivities and activities. The party starts at Robert Simpson Park in the morning with live music, family entertainment and food vendors.

More activities during the day to come with a fireworks show at dusk.

Stay tuned for more information.

### Strawberry Social

Date and Time: Friday, July 1 01:00 p.m. - 4:00 p.m.

Address: 398 John Street North Arnprior Ontario398 John Street North Arnprior Ontario

**\$10 PER PERSON – PAY AT THE DOOR**

**CHILDREN 6 AND UNDER FREE**

## Sunday, July 3, 2022

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### Arnprior Market

Date and Time: Sunday, July 3 09:00 a.m. - 2:00 p.m.

Address: 105 Elgin Street W.105 Elgin Street W.

We are thrilled to announce that the 5th Arnprior Market Season will see a return to an in-person event. The opening market will be held on Sunday June 5, 2022 and run through to Sunday September 25, 2022.

The market is located on John Street North between the intersections of Elgin Street and Rock Lane.

Vendors include local farmers, bakers, artisans and entrepreneurs.

Hours of operation 9:00am to 2:00 pm.

More information can be found here [Arnprior Market - The Town of Arnprior](#)

## Wednesday, July 6, 2022

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### The Lunch Bunch by Seniors at Home

Date and Time: Wednesday, July 6 01:00 p.m. - 3:00 p.m.

Address: 54 Elgin St W, Arnprior54 Elgin St W, Arnprior

A full course meal, with choice of chicken salad or ham and cheese sandwich, at Jim's Restaurant on Wednesday July 6th from 1pm-3pm. Entertainment by Tim Burns. Tickets \$11 available from agency office until noon on Monday July 4th. For seniors or adults with

disabilities.

## Lululemon x Co-nnect Yoga in the Park

Date and Time: Wednesday, July 6 06:00 p.m. - 7:00 p.m.

Address: 400 John St. N400 John St. N

Join us at Robert Simpson Park in Arnprior for yoga experiences suitable for all levels (and it's a family friendly event!).

**please visit the website to register**

[Register Here](#)

**THESE CLASSES ARE FREE!!!**

Registration & attendance for classes to be entered in to win a GRAND PRIZE at the end of the Summer, You only have to attend 1 class to gain a ballot, the more classes attended the more chances (To Be Announced before June 1st).

So bring your mat, water, towel and a community mindset and let's move!!

P.S their classes will move to **Union 108 Yoga Studio (108 John St. N)** if the weather doesn't cooperate!!!

**Wednesday Nights from 6pm-7pm  
June 22nd - August 31st**

### Teachers

June 22nd - Allison Donnelly

June 29th - Jas Bhandal

July 6th - Giselle Fernandez (KIDS/Family Week)

July 13th - Imad Khaddaj

July 20th - Katrina Chapman Kahn

July 27th - Hayls Smith

August 3rd - Kethy Sosso-Kelle

August 10th - Rimmi Briggs

August 17th Ciara Jean Beaton

August 24th Ro

August 31st Celebration Class

Sponsored By:

Lululemon

Town of Arnprior

Union 108

Jade & Laney

Parachute Ottawa

Jeannie Ivory Royal LePage Team Realty

The Pines Rides

Stephanie Ross Investment Specialist

Pacific Safety Products Inc.

and more

## Thursday, July 7, 2022

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### Summer Lovin' Downtown Arnprior

Date and Time: Thursday, July 7 04:00 p.m. - 8:00 p.m.

Address: Downtown Arnprior Downtown Arnprior

Get your local-lovin' faces downtown Arnprior for live music, late night shopping, amazing food, and great deals from us merchants. This event is a collective effort by many in the local business community! Support local, love local!!!

The event takes place at ALL the businesses downtown!

## Sunday, July 10, 2022

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### Arnprior Market

Date and Time: Sunday, July 10 09:00 a.m. - 2:00 p.m.

Address: 105 Elgin Street W. 105 Elgin Street W.

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The market is located on John Street North between the intersections of Elgin Street and Rock Lane.

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Hours of operation 9:00am to 2:00 pm.

More information can be found here [Arnprior Market - The Town of Arnprior](#)

## Wednesday, July 13, 2022

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### Lululemon x Co-nnect Yoga in the Park

Date and Time: Wednesday, July 13 06:00 p.m. - 7:00 p.m.

Address: 400 John St. N 400 John St. N

Join us at Robert Simpson Park in Arnprior for yoga experiences suitable for all levels (and it's a family friendly event!).

**please visit the website to register**

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So bring your mat, water, towel and a community mindset and let's move!!

P.S their classes will move to **Union 108 Yoga Studio (108 John St. N)** if the weather doesn't cooperate!!!

**Wednesday Nights from 6pm-7pm  
June 22nd - August 31st**

#### Teachers

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The Pines Rides  
Stephanie Ross Investment Specialist  
Pacific Safety Products Inc.  
and more

## Sunday, July 17, 2022

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### Arnprior Market

Date and Time: Sunday, July 17 09:00 a.m. - 2:00 p.m.

Address: 105 Elgin Street W. 105 Elgin Street W.

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The market is located on John Street North between the intersections of Elgin Street and Rock Lane.

Vendors include local farmers, bakers, artisans and entrepreneurs.

Hours of operation 9:00am to 2:00 pm.

More information can be found here [Arnprior Market - The Town of Arnprior](#)

### Concerts in the Park- Joe McDonald

Date and Time: Sunday, July 17 02:00 p.m. - 4:00 p.m.

Address: 400 John Street 400 John Street

Enjoy live music every Sunday at Robert Simpson Park. This week we have Joe McDonald, an accomplished fingerstyle guitarist and has a warm and wholesome singing voice. He also flatpicks quite a bit and has an easy going stage presence.

## Wednesday, July 20, 2022

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### Lululemon x Co-nnect Yoga in the Park

Date and Time: Wednesday, July 20 06:00 p.m. - 7:00 p.m.

Address: 400 John St. N 400 John St. N

Join us at Robert Simpson Park in Arnprior for yoga experiences suitable for all levels (and it's a family friendly event!).

**please visit the website to register**

[Register Here](#)

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P.S their classes will move to **Union 108 Yoga Studio (108 John St. N)** if the weather doesn't cooperate!!!

**Wednesday Nights from 6pm-7pm  
June 22nd - August 31st**

**Teachers**

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Pacific Safety Products Inc.  
and more

## **Thursday, July 21, 2022**

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### **Annual Seniors BBQ in the Park by Seniors at Home**

Date and Time: Thursday, July 21 12:00 p.m. - 2:00 p.m.

Address: Robert Simpson Park Robert Simpson Park

An enjoyable afternoon BBQ at Robert Simpson Park. Thursday, July 21st from 12pm-2pm. Meal includes hamburger, fries, icecream and drink. Musical entertainment by Gillan Rutz. All Seniors or adults with disabilities welcome. Tickets \$10, available from agency office until Tuesday, July 19<sup>th</sup>. Rain date Thursday, July 28<sup>th</sup>.

## **Friday, July 22, 2022**

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### **Garden Showcase**

Date and Time: Friday, July 22 10:30 a.m. - 2:00 p.m.

Address: 398 John Street North 398 John Street North

## **Sunday, July 24, 2022**

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### **Arnprior Market**

Date and Time: Sunday, July 24 09:00 a.m. - 2:00 p.m.

Address: 105 Elgin Street W. 105 Elgin Street W.

We are thrilled to announce that the 5th Arnprior Market Season will see a return to an in-person event. The opening market will be held on Sunday June 5, 2022 and run through to Sunday September 25, 2022.

The market is located on John Street North between the intersections of Elgin Street and Rock Lane.

Vendors include local farmers, bakers, artisans and entrepreneurs.

Hours of operation 9:00am to 2:00 pm.

More information can be found here [Arnprior Market - The Town of Arnprior](#)

## Monday, July 25, 2022

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### Poker Run Show, Shine and BBQ

Date and Time: Monday, July 25 12:00 a.m. - 11:55 p.m.

Address: 264 Herrick Drive 264 Herrick Drive

The Poker Run Show, Shine and BBQ is a fun family event that includes prizes for the best poker hand! Features live music, BBQ with burgers and hotdogs, trivia and a classic car line up by Valley Cruisers.

**VALLEY RENT RITE & VALLEY CRUISERS**  
PRESENTS  
**POKER RUN**  
**SHOW, SHINE & BBQ**  
**SATURDAY JULY 30th, 2022**  
(Rain Date: August 6, 2022)

**START/END AT VALLEY RENT RITE**  
264 HERRICK DRIVE, ARNPRIOR  
**REGISTRATION BEGINS AT 8:30am**  
**\$20 MINIMUM DONATION**

**DEPARTURE**  
**9:00 -10:00am**

**VEHICLES**  
**RETURN**  
**12:00pm**

**WINNER**  
**ANNOUNCEMENT**  
**1:00pm**

**BARBEQUE**  
**11:00am - 1:30pm**

**ALL VEHICLES AND SPECTATORS WELCOME,**  
**CLASSIC CAR NOT REQUIRED!**



**COME OUT AND BE**  
**PART OF THE FUN**



# BBQ, LIVE MUSIC, PRIZES - 11am - 1:30pm

Contact Brian Gunn 613-355-5878 or Suzanne at ABM Senior Home Support Program Inc. 613-623-7981 ext. 104 or [www.cssagency.ca](http://www.cssagency.ca)



## Tuesday, July 26, 2022

### Poker Run Show, Shine and BBQ

Date and Time: Tuesday, July 26 12:00 a.m. - 11:55 p.m.

Address: 264 Herrick Drive 264 Herrick Drive

The Poker Run Show, Shine and BBQ is a fun family event that includes prizes for the best poker hand! Features live music, BBQ with burgers and hotdogs, trivia and a classic car line up by Valley Cruisers.

**VALLEY RENT RITE & VALLEY CRUISERS**  
PRESENTS

# POKER RUN SHOW, SHINE & BBQ

## SATURDAY JULY 30th, 2022

(Rain Date: August 6, 2022)



HOME & COMMUNITY  
SUPPORT  
United in our commitment to care  
Arnprior-Braeside-McNab  
Seniors At Home Program Inc.

**DEPARTURE**  
9:00 -10:00am

**VEHICLES  
RETURN**  
12:00pm

**WINNER  
ANNOUNCEMENT**  
1:00pm

**BARBEQUE**  
11:00am - 1:30pm

**ALL VEHICLES AND SPECTATORS WELCOME,  
CLASSIC CAR NOT REQUIRED!**



**COME OUT AND BE  
PART OF THE FUN**





## Wednesday, July 27, 2022

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### Lululemon x Co-nnect Yoga in the Park

Date and Time: Wednesday, July 27 06:00 p.m. - 7:00 p.m.

Address: 400 John St. N400 John St. N

Join us at Robert Simpson Park in Arnprior for yoga experiences suitable for all levels (and it's a family friendly event!).

**please visit the website to register**

[Register Here](#)

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**Wednesday Nights from 6pm-7pm  
June 22nd - August 31st**

#### Teachers

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Parachute Ottawa  
Jeannie Ivory Royal LePage Team Realty  
The Pines Rides  
Stephanie Ross Investment Specialist  
Pacific Safety Products Inc.  
and more

## Friday, July 29, 2022

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Date and Time: Friday, July 29 04:00 p.m. - 11:59 p.m.

Address: 74 Van Dusen Drive, Arnprior, Ontario, K7S 3G974 Van Dusen Drive, Arnprior, Ontario, K7S 3G9

Festival happening July 29, 30 & 31st, 2022 featuring main stage music, agricultural shows, agriculture education, family entertainment, vendors, dog zone

## Saturday, July 30, 2022

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### Valley Agricultural Festival

Date and Time: Saturday, July 30 10:00 a.m. - 11:59 p.m.

Address: 74 Van Dusen Drive, Arnprior, Ontario, K7S 3G974 Van Dusen Drive, Arnprior, Ontario, K7S 3G9

Festival happening July 29, 30 & 31st, 2022 featuring main stage music, agricultural shows, agriculture education, family entertainment, vendors, dog zone

## Sunday, July 31, 2022

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### Arnprior Market

Date and Time: Sunday, July 31 09:00 a.m. - 2:00 p.m.

Address: 105 Elgin Street W.105 Elgin Street W.

We are thrilled to announce that the 5th Arnprior Market Season will see a return to an in-person event. The opening market will be held on Sunday June 5, 2022 and run through to Sunday September 25, 2022.

The market is located on John Street North between the intersections of Elgin Street and Rock Lane.

Vendors include local farmers, bakers, artisans and entrepreneurs.

Hours of operation 9:00am to 2:00 pm.

More information can be found here [Arnprior Market - The Town of Arnprior](#)

### Valley Agricultural Festival

Date and Time: Sunday, July 31 10:00 a.m. - 4:00 p.m.

Address: 74 Van Dusen Drive, Arnprior, Ontario, K7S 3G974 Van Dusen Drive, Arnprior, Ontario, K7S 3G9

Festival happening July 29, 30 & 31st, 2022 featuring main stage music, agricultural shows, agriculture education, family entertainment, vendors, dog zone

### Concerts in the Park- Jessica Pearson and the East Wind

Date and Time: Sunday, July 31 02:00 p.m. - 4:00 p.m.

Address: 400 John Street400 John Street

Enjoy live music in Robert Simpson park every Sunday. This week we have the comperable Jessica Pearson and the East Wind performing. Jessica's love for storytelling, drawing on folk, outlaw country, and Celtic traditions, is evident in her songwriting. In 2021, Pearson received the Folk Music Ontario 'Songs from the Heart' award for her song Ready My Heart and has since released her debut full length album 'on The Line'.